



Term 1 2017, Edition 2

February 2017

## Let's Celebrate P&C Day!!! Wednesday 1 March 2017

### Is your P&C planning something special???

Don't miss the opportunity to celebrate and highlight all the great work your P&C has achieved for your school and students. Invite the whole school community to join in the event, promote your P&C and use this opportunity to increase parent engagement.

P&C Federation would also like to hear how your P&C celebrated the day, so send us a short article and a photo or two for inclusion in our next journal. Send your article to [journal@pandc.org.au](mailto:journal@pandc.org.au).



### Public Education Foundation

Keep up to date with news and the latest scholarships available, Have a look online at our e-news [here](#)



### ARTEXPRESS

"This year's exhibitors and their artworks are a tribute to the high quality of Visual Arts educators teaching in NSW schools."

ARTEXPRESS is a series of nine individually-curated exhibitions held throughout 2017 and hosted across metropolitan and regional NSW galleries and art centre. The artworks are selected from the highest achieving bodies of work submitted for the NSW Higher School Certificate Visual Arts practical examination. In 2017, 228 works have been chosen by curators throughout the nine exhibitions.

Works range from painting, photomedia, drawing, printmaking, sculpture, graphic design, documented forms, textiles and fibre, ceramics, time-based forms and collections of works.

ARTEXPRESS is a joint partnership of the NSW Education Standards Authority and the NSW Department of Education. The ARTEXPRESS Patron is The Dobell Foundation and the ARTEXPRESS associative sponsor is S & S Wholesale.

#### ARTEXPRESS 2017 exhibition dates:

Art Gallery of New South Wales  
Hazelhurst Regional Gallery and Arts Centre, Gympie  
The Armory Gallery, Sydney Olympic Park  
Campbelltown Arts Centre  
Moree Plains Gallery  
Western Plains Cultural Centre, Dubbo  
Grafton Regional Gallery  
Goulburn Regional Art Gallery  
Tamworth Regional Gallery

26 January - 23 April  
10 February - 26 March  
27 February - 25 April  
6 April - 14 May  
7 April - 28 May  
9 June - 5 August  
16 June - 27 July  
14 July - 2 September  
18 August - 8 October

## Growing up digital

### Are you a first generation digital parent?

Every parent wants their child to be happy, fulfilled and mentally healthy. But when you are raising the first generation of 'digital natives' the challenge can seem daunting.

The NSW Mental Health Commission invites you to join experts in online culture, digital media and youth mental health to answer your questions and explore how parents and community can act now to increase the mental wellbeing of young people today.

**Who's on the panel?** Mia Freedman – CEO, Mamamia Women's Network and digital journalist, Samantha Yorke – Public Policy and Government Affairs, Google, Jono Nicholas – CEO of ReachOut.com, Australia's leading online youth mental health organisation.

#### The details:

**When:** Tuesday 28 February 2017

**Time:** Doors open 5pm, 6pm start

**Where:** Lower Town Hall, Sydney. Entry via Druitt Street

**Cost:** Free

This event is for anyone interested in online culture and how it affects emotional lives. It promises to challenge, enlighten and inspire parents, pointing the way to better wellbeing not only for their children but for themselves.

Tickets are limited so register now at <https://growingupdigital.eventbrite.com.au>



## Barnardos Mother of the Year

The Barnardos Mother of the Year is the largest national awards showcasing the work of everyday mums in our community and the positive difference they make in the lives of children. For over 20 years we have been telling their stories and acknowledging the enormous contribution that they make each and every day.



**Barnardos  
Australia**

We have no doubt that you see wonderful mothers contributing to your associations daily and therefore, we would absolutely love your support in sharing the call for nominations for the awards this year.

Please see below for a step by step guide on how to nominate. It only takes 15 minutes!

We would be greatly appreciate it if you could share the message across your communication platforms, be it on your website (which we would be more than happy to send across the copy for), during meetings or giving word to local school associations. For more information go to:

[www.motheroftheyear.com.au/help-us-promote-barnardos-mother-of-the-year](http://www.motheroftheyear.com.au/help-us-promote-barnardos-mother-of-the-year)

To Nominate go to: <https://motheroftheyear.awardsplatform.com>

Nominations close COB on **February 26<sup>th</sup>**

## YWCA NSW

### Y-PEP- Overview

The Y-PEP program is a child protection education program for students from Kindergarten to year 10. The program is aligned to the NESA (formerly BOSTES) PDHPE Syllabus focusing on the three key themes: Recognising Abuse, Power in Relationships and Protective Strategies. This program is funded & supported by the Department of Education.

#### What are the aims?

The aim of the Y-PEP program is to strengthen the existing child protection education curriculum outcomes delivered by teachers so that children and young people are able to identify and respond to risk within relationships.

#### What are the outcomes?

Students will have:

- An increased awareness of what makes safe and respectful relationships
- An increased knowledge and understanding of rights and responsibilities in relationships
- Improved skills to recognise and assess risk and respond to unsafe situations

#### How can we get Y-PEP?

There are three options for delivery which ensures that the program can be accessible for your school.

For more information and register [click here](#)

